

## Quick guide to Events

Family Dances are suitable for dancers and non-dancers. The idea is to get the whole family dancing. No experience of Scottish country dancing is required.

Social Dances are held approximately once a month from October to June. As a rule of thumb dancers who have been to classes for a term have the necessary experience. Dances are recapped with a walk through as necessary.

The Annual Ball is more formal and dances are recapped once. Dancers are expected to be familiar with the dances on the programme.